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# ISUBILO NEWSLETTER

## A SAD AND SUDDEN FAREWELL

We sadly had to attend the funeral of one of our girls who was amongst the first to be enrolled in our OVC programme. It was a bout of malaria which took on so rapidly that even the hospital were taken off guard. Entiya was well loved by all and such a well behaved good example to her peers.

She joined Isubilo in 2002 when she was 12 years old after her father had died and her mother remarried. Her mother and step father, who was unemployed, neglected her leaving her to fend for herself sometimes staying with her mother's brother.

Some of her friends who were taken on by Isubilo have completed their schooling going on for further education. Entiya however, due to her hardships, her mother sometimes trying to force her to work in bars and go with men for money, had struggled through her schooling. She ran away from her mother and had been able to stand up against her, determined to finish her schooling even though she was way behind her friends. She was very good at sports including netball, volleyball and table tennis. She was good enough in table tennis to be selected for the national team at the end of 2009.

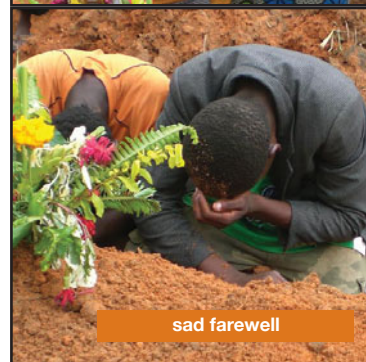
She sat her grade 9 exams in 2009 after two previous failures and passed, thus moving on to grade 10 for the next year. She was so excited to be found in grade 10 at Temweni School but after only one week she fell ill with the fateful malaria. This was a great shock to all at Isubilo, staff, volunteers and especially the children and youth who were with her only the Saturday before. Arnold who only recently left the CYC staff to go to Bible College, took the funeral which was attended by hundreds of people from the community and especially from Isubilo. A silent sad cloud came over Isubilo and a realization of the family relationship which has been forged with all at Isubilo ■



TT coach pays tribute



friends say goodbye



sad farewell



### BRICK PRODUCTION

Some while ago we had the very generous donation of a brick making machine using soil with a proportion of cement. We have finally got a team together who are beginning to produce these cheaper interlocking bricks that can be laid together as normal bricks but without the need of mortar. This cuts costs as well as speeds the building time enormously. We see this as a means of helping people with cheaper housing with an income generating sideline ■

### DONATE ON LINE

We can now take on-line donating via our website [www.isubilo.org](http://www.isubilo.org)

This has been made possible by a donation link to the Charities Aid Foundation (CAF) website which can take on-line donations to all major credit and debit cards and set up on-line direct debits. CAF registered charity number is 268369

Isubilo Community Resource Centre was registered under the Zambia Registrar of Companies as a Company limited by guarantee (non profit making) on 19 May 2000 and as a UK Charity in London registered number 1090539



processing moringa

**MORINGA**

Three years or so ago Tanga took on the responsibility of growing some moringa tree seedlings. These trees are sometimes called miracle trees as every part of them are useful, much being of medicinal benefit. We are pleased to see that the dried, powdered leaves are more and more in demand by our clients who mix them in their porridge and other food resulting in noticeable reductions in skin rashes and increase in general health due to the immune boosting properties. Our staff promote the use of these leaves and clients are encouraged to grow their own trees from our seedling though Isubilo now has a small grove of trees at the farm ■



stock of mealie meal

**MILL**

We were pleased to receive a large order of 5 tons of 10 Kg bags of mealie meal from a sister organisation (Jubilee Center) who also work through churches in different areas of town. We had built up a larger than usual stock of maize last year, which was not being used during the three months breakdown of the mill and lay-offs. We are glad to be shifting the stock before the next harvest comes in a couple of months time and are hoping that this will be a regular order! ■

**AGRICULTURE**

We are grateful for good rains promising a bumper crop of maize this year. As the dry season sets in, Tanga and his team are getting seedlings, beds and plots ready for the vegetable season.

Though vegetables grow throughout the rains, many struggle because of too much water or fungal diseases. With watering being so important through the next six months of rainless skies, we are introducing a treadle water pump which can operate using small streams or shallow water holes or wells cutting down watering time tenfold as well as conserving water especially using drip irrigation which we will also be demonstrating. Two of our agric team recently attended a very effective conservation farming course which we feel will increase clients' production of fresh food with less effort maximising the use even tiny garden plots ■



patient care for cancer

**KARPOSI SARCOMA (KS)**

KS is a treatable cancer of the skin affecting lymph nodes, the incidence of which has increased dramatically due to reduced immune response resulting from AIDS. Richard has been treating an increasing number of clients who have come onto our programme some of whom come with hugely swollen limbs and unbearable pain and often bed-ridden. Unfortunately some leave it so long that the treatment alongside antiretroviral drugs is unable to save their lives. It is very gratifying however, with Richard's persistence and appropriate therapy to see a good proportion of our patients making full recovery and leading normal lives by keeping to the ongoing antiretroviral drug therapy ■



good watering

**A STORY**

Precious, a young lady aged 27, was referred to the Isubilo Adherence department from Chipokota Mayamba, the local government clinic on 23rd September 2009. She was in bad health with a low body mass index, looking gaunt and very thin. She was married to a minibus driver and had been taken in by her mother to care for her. Her mother was dependent on her field and struggling to manage for them both and Precious' small son.

After some time, and with help from the adherence team, it was discovered that the husband had run away not wanting to face up to his wife's illness with AIDS and TB. Despite the very attentive attention of her adherence care giver, sometimes visiting her twice a day, the care and treatment was not taking effect, mostly due to her anxiety for her very sick and failing son also on antiretroviral drugs. Richard, our Clinical Officer, organised for the son to be attended to at the Arthur Davison Children's Hospital but he sadly died. Having being released from the intense worry of trying to keep her son alive, Precious' health started improving rapidly also increasing in weight ...“the face became pretty once again”.

She is now in a position to look after herself and her mother and has been discharged from the programme, receiving her last supplement pack at the beginning of Feb 2010 and doing very well to the present time ■

**THINKING ABOUT GIFTS**

The Isubilo website features a **gift list** a great way to give birthday presents and gifts to your family and friends see [www.isubilo.org/giftlist.htm](http://www.isubilo.org/giftlist.htm)



The Isubilo Newsletter is sent out via email every few months and if you would like a copy sent to you then email your details to [webmaster@isubilo.org](mailto:webmaster@isubilo.org)  
NEWSLETTER PRODUCED BY [WWW.JOHNVERNON-DESIGN.CO.UK](http://WWW.JOHNVERNON-DESIGN.CO.UK)